

Allcare Nursing and Community Services

Has been providing care and support for over 30 years to the people of the Central Coast and Lower Hunter



My Aged Care- Allcare can provide your services under a Home Care Package




Many of you here today prefer to live independently at home for as long as possible. If you feel you need help or require additional assistance you may be eligible for a **Home Care Package**



How can we support you?

We can support you to navigate the My Aged Care referral process



 **Health**
Sydney
Local Health District

<Address of care recipient>

Approved

Dear <Name of care recipient>

I am writing about your assessment by <Name of Assessor>
ACAT Aged Care Assessment Team (ACAT) on < Date of Assessment >

You are approved as eligible to receive the care types listed below from <Date> or emergency care start date:

What may we be able to support you with once you have your Home Care Package ?



Transport to medical appointments, shopping and socialisation opportunities



Companionship & In Home respite





**Nutritional needs
including; shopping
and meal preparation**



**Personal care needs
including;**

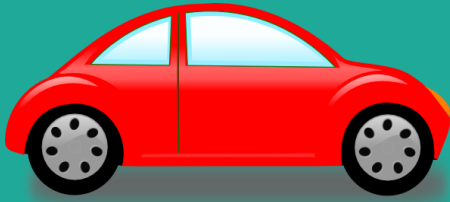
**showering, grooming,
dressing, applying creams
and medication
management**



**Clinical Care by
Registered Nurses
and Endorsed
Enrolled Nurses for
services such as;**



- ✓ **Palliative Care**
- ✓ **Wound Care**
- ✓ **Catheter Care**



Transport Services

Being able to access your local community means you can continue to be independent and we can also help support you, your carer and family with these tasks.

At Allcare Nursing and Community Services, (ANCS) all of our transport staff are trained in community care, have safe and clean vehicles which are fully insured.

All of ANCS staff have regular police checks and annual vehicle checks



Respite Services

Respite services - supporting our carers and families

Allcare Nursing and Community Services (ANCS) have Carers who provide care and support to family members and friends who are frail or have a disability, mental illness, chronic health condition or terminal illness.

ANCS can support carers so they can continue to live, work, socialise and care, by providing the following for the person they care for;

- ✓ Companionship and outings
- ✓ Preparing and serving meals
- ✓ Help around the home
- ✓ Personal Care and grooming
- ✓ Shopping and errands

Respite is adaptable to ensure everyone get the most out of their time and a break from the usual routine.



Palliative Care

Allcare Nursing & Community Services (ANCS) has a qualified and experienced palliative care team who are capable of anticipating and responding effectively to the care needs of people choosing to die at home.

ANCS palliative care team will support people with cancer and other life limited conditions for a wide range of people within the Central Coast, such as;

- ✓ Young carers of parents with a life limiting illness
- ✓ Older people
- ✓ People with dementia
- ✓ People with a disability
- ✓ Veterans
- ✓ People from CALD background and Aboriginal people
- ✓ People from Special Needs Groups

ANCS' Palliative Care Team focus on 'living' well until death and improving the quality of life through the following services;

- ✓ Registered Nurse care
- ✓ Advanced Care Planning (documenting a person's wishes while they are able to communicate them)



Domestic Assistance

Allcare Nursing & Community Services (ACNS) have a professional team who specialise in domestic support services.

They are also trained in community care and hold Senior First Aid Certificate.

Support services that can be provided include;

- ✓ Bathroom
- ✓ Laundry
- ✓ Toilet
- ✓ All floors
- ✓ Bedrooms
- ✓ Kitchens
- ✓ Spring cleans

ANCS also offer window cleaning (internal and external), gutters and other maintenance required around the home that doesn't require trade qualified.



Overnight Respites

Overnight Respites

Many people require support around the clock.

For some, this will be scheduled support, such as waking to take medications, to be turned or repositioned. For others overnight support will be as needed, such as help with temperature control, pain relief or using the toilet.

Allcare Nursing and Community Services' professional, skilled team can provide support during the night with:

- ✓ Getting into and out of bed
- ✓ Personal care
- ✓ Turning and repositioning
- ✓ Medication and pain relief
- ✓ Hydration and nourishment
- ✓ Staying warm or cool
- ✓ Reassurance and emotional support



Paediatric Support

Paediatric care

- Specialised qualified paediatric Registered Nurses who can provide clinical care
- Trained Paediatric support staff who can provide personal care, transport to and from day care/ school, transport to appointments, social outings, nutritional supports, in home respite



Disability Support- NDIS

Allcare Nursing & Community Services (ANCS) is a leading community service provider for disability care and support, offering you greater choice, participation and contribution.

One in five Australians have a disability; some are born with a disability, others suffer injury or illness that results in a disability. Our support service helps to:-

- ✓ Communicate and interact, including using non-verbal techniques
- ✓ Manage and understand behaviours
- ✓ Access the community for work, education, sport and leisure
- ✓ Case Management

Assistance with the management of a funded package allocation to you or your family

- ✓ Personal care
- ✓ Shopping and errands
- ✓ Transport to appointments
- ✓ Respite

ANCS has a strong affiliation with Breakaway Inc - It is a place where people with disabilities can enjoy a break from the institution in which they live or a break from their family routine.

Breakaway is a self-funded registered charity serving people with a disability and children with high medical needs by providing a respite camp opportunity for people with of all ages with a disability.



Meal Preparation

Allcare Nursing & Community Services (ANCS) can plan and prepare nutritious meals that are tasty and simple to make.

Good nutrition is part of maintaining peoples health, ANCS can take the stress out of food preparation.

Meal Preparation services include;

- ✓ Writing shopping lists
- ✓ Going to the shops or assisting you to shop online
- ✓ Unpacking the shopping
- ✓ Preparing meals
- ✓ Assisting you to organise food services such as meals on wheels



Registered Nurses

Allcare Nursing & Community Services (ANCS) has a very experienced team of Registered Nurse's that provide clinical care and assessments in your home.

Services include:

- ✓ Clinical care
- ✓ Medication and pain management
- ✓ Wound management
- ✓ Incontinence management
- ✓ Post acute care

After hospital care

Recovering from an illness or operation? ANCS staff can help you with;

- ✓ Clinical support and care
- ✓ Personal Care
- ✓ Medication and pain management
- ✓ Transport to appointments

Paediatric High Need care

- ✓ Specialised qualified paediatric Registered Nurses
- ✓ Facilitate in conjunction with Camp Breakaway Inc and Life Without Barriers High Needs children camp



Personal Care

Maintaining personal hygiene not only makes you feel good but also helps you to stay healthy by reducing exposure to infection

Allcare Nursing and Community Services (ANCS) staff attend to your personal care needs with discretion and attention to comfort, respecting and maintaining your dignity at all times

Services offered are:-

- ✓ Showering
- ✓ Dressing
- ✓ Grooming
- ✓ Shaving
- ✓ Putting on and taking off Ted stockings